

Community Ketamine Therapy



NEW IN 2023!

We are excited to announce the addition of community ketamine medicine and integration treatments at Temenos.

These group spaces are best suited for individuals with prior ketamine therapy experience seeking to tap into the transformative potential of a communal healing setting.

Benefits:

- Deepen insights from ketamine sessions and build connections with others on the path to healing.
- Share and receive support within an interpersonal setting, and learn how to grow and elevate your toolkit.
- Access affordable ketamine treatment in a safe and judgment-free setting.



**To register or learn
more about the group
therapy process,
connect with us at
info@temenos.center**



COMMUNITY MEDICINE SESSION

These small-group sessions are intended for those with experience in ketamine-assisted therapy.

Participants must receive a medical evaluation from Temenos in advance.

During the session, facilitators assist participants in navigating preparation and intention setting, medicine work, and integration support.

This community circle offers an opportunity to focus on the deeply personal aspects of the therapeutic process and also provides interpersonal healing during group integration.



Quarterly, on rotating Wednesdays and Thursdays



10:30 am - 3:30 pm



1 Bodega Ave. Studio 1
Petaluma, CA



\$750

COMMUNITY INTEGRATION COHORT

Embark on an accelerated journey of growth with our six-session ketamine integration circle. Co-led by experienced facilitators, these telehealth cohorts are designed for individuals with prior ketamine therapy experience.

Each session provides an opportunity to process emotions, share insights, and learn from others' healing work. Through open communication and mutual support, participants can gain a deeper understanding of their personal journeys and elevate their integration toolkit.



6 consecutive weekly sessions on Mondays, beginning fall 2023



5:30 pm - 6:45 pm



Virtual



Sliding Scale: \$450 - \$550 for 6 sessions

OUR GROUP FACILITATORS



**Colette
Mercier**
LMFT



**Jessica
McIninch**
PsyD



**Melissa
Pierre-Saint**
RN



**Jacquie
Smith**
LCSW



**Elizabeth
Theriault**
ASW, MPH



**Jean
Vierra**
MD