



Temenos
Ketamine Psychotherapy

Ketamine Training for Clinicians

February 9 - 11, 2024

Petaluma, CA

This two-day experiential training for licensed clinicians and experienced interns develops an understanding of ketamine-assisted psychotherapy's (KAP) subjective and therapeutic effects from the inside out.

Our Faculty



**JESSICA
MCININCH,
PSYD**

With 17 years as a clinical psychologist, Dr. McIninch earned her certification in Psychedelic-Assisted Therapy from California Institute of Integral Studies (CIIS) in 2019. Holding this work as sacred, she blends neuropsychological principles, contemplative practices, and internal family system approaches. Emphasizing psychedelic integration, she leverages neuroplasticity techniques to enhance the longevity and effectiveness of the therapy. In 2019, Dr. McIninch co-founded Temenos, collaborating with a multi-disciplinary team focusing on KAP. She's also begun offering MDMA-assisted therapy through the Expanded Access Program, awaiting its FDA endorsement.



**CHRISTINE
SCHNEIDER,
MD**

Dr. Schneider is a child, adolescent and adult psychiatrist, drawn to the intersection of medical science and the profound human experiences that resist measurement. With a foundation in integrative and holistic medicine, she utilizes a multi-modal approach that includes botanical and nutraceutical therapies, mind-body practices, and eco-therapy. Certified by CIIS in Psychedelic-Assisted Therapy, she has provided KAP since 2018, consistently witnessing transformative shifts through the synergy of medicine, relationships, and inner healing wisdom.

Training Overview

This program is an opportunity for experiential learning with ketamine that incorporates didactic information with somatically integrated group practice for building safety, understanding intention, tending to set and setting, and fostering integration.

Participants will work in pairs to directly experience facilitated KAP from the perspective of a sitter and a client. All ketamine sessions will be low dose, and participants may choose between sublingual lozenges or intramuscular routes of administration.

Learning Objectives

- ✓ Develop psychotherapy skills in the practice of ketamine therapy
- ✓ Integrate basic ketamine-assisted psychotherapy (KAP) principles with group somatic practice.
- ✓ Understand subjective and therapeutic benefits of ketamine as a tool for psychological development
- ✓ Build mindfulness & a sense of inner resourcefulness

Schedule

FRIDAY 2/9

7 PM - 9 PM



SATURDAY 2/10

9 AM - 6 PM



SUNDAY 2/11

9 AM - 3 PM

Registration: \$1200

Includes clinical interview & didactic presentations on the fundamentals of KAP.

Email info@temenos.center for more information